



moving beyond disabilities

Shake-A-Leg summer camps for kids and teens offer challenging, new experiences by promoting independence, developing social skills, encouraging mentoring, building confidence...

and
emphasizing
Fun!

have
fun

make
friends

build
confidence!



SHAKE-A-LEG, INC.

P.O. Box 1264 Newport, Rhode Island 02840

PHONE: 1.888.SHAKEALEG or 401.849.8898

FAX: 401.848.9072

EMAIL: sarahk@shakealeg.org

shakealeg.org

SUMMER
2010



SHAKE-A-LEG

Confidence Is Cool!
CHILDREN'S CAMP

AND

Confidence Is Cool!
TEEN CAMP



Confidence is Cool for children ages 7-12, and for teens ages 13-17, are day camps designed to fill the void in summer programming and improve the lives of kids and teenagers with physical disabilities.

Both camps are held in three one-week sessions and operate Monday through Friday from 10am to 3pm.



pushing boundaries

building confidence



Shake-A-Leg programs challenge and encourage participants to move beyond what they think is possible.



Camp Programs

Our camp programs are designed to utilize the many resources that the Newport, Rhode Island area has to offer. Activities include sailing, swimming, art projects, mobility games and sports, and other creative activities that are designed to meet the needs and the abilities of the children, while pushing boundaries and building confidence.

Our Staff

The Shake-A-Leg camp staff offer a wide range of capabilities. Licensed and registered nurses are able to meet any medical needs. Counselors and volunteers are energetic and fun and form special friendships with the children. Many staff members have disabilities, as well, providing a very unique mentoring opportunity for the participants.

Dates & Registration

Each program will accommodate up to 20 participants per weekly session and is offered at \$75.00 per week (*scholarships are available*).

Confidence is Cool Teen Camp:

Session I
July 12 – July 16

Session II
July 26 – July 30

Confidence is Cool Children's Camp:

Session I
July 5 – July 9

Session II
July 19 – July 23

For more information and an application, please contact Shake-A-Leg:

PHONE: **401-849-8898**

EMAIL: **sarahk@shakealeg.org**